

Registration Information

Registration Tuition \$95.00

Diagnosing and Treating depression in adults and children

September 23, 2022

On Site Workshop

APT Counseling Services LLC

1501 13th Street Ste R

Columbus, GA 31901

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Four Ways to Register:

Online: drambroespass-turner.com

Fax: (706) 563-6268

Mail Check: 1501 13th Street Suite R

Columbus, GA 31901

(Make check Payable to **APT Counseling Services.**)

All Major credit cards accepted

Name _____

Card# _____

Exp Date ____/____ CVV _____

Signature _____



MEET YOUR SPEAKER

Dr. Ambroes Pass-Turner is a Doctor of Counseling Psychology and the owner of APT Counseling Services LLC. She is a professor, author, and published the books *ADHD Warrior: Helping Children Conquer ADHD Unwanted Behaviors*, *Rex's Journey: Helping Children Understand and Cope with Emotions*, and *Childhood Sexual Abuse: Pathway to Mental Health Issues and Delinquent Behavior*. She is a subject matter expert on the topics "Why some survivors minimize their abuse: When this coping mechanism can be a good thing" and "How survivors' advocates can avoid burnout" with National publication agency Domestic Shelters. Dr. Pass-Turner has worked in mental health for over 20 years and has experience working with adults, children, and offenders. Dr. Pass-Turner holds credentials as a Licensed Professional Counselor, Certified Professional Counselor Supervisor, Doctoral Addictions Counselor, Master Addictions Counselor, Board Certified Professional Counselor, National Certified Counselor, Certified Clinical Mental Health Counselor, Clinically Certified Domestic Violence Counselor, Clinically Certified Forensic Counselor, and Clinically Certified Human Trafficking Victim Service Provider.

Contact Us!

APT Counseling Services, LLC

1501 13th Street Ste R

Columbus, GA 31901

(706) 366-0960

aptcounselingservices@gmail.com

drambroespass-turner.com

DEPRESSION

DIAGNOSING AND TREATING DEPRESSION IN ADULTS AND CHILDREN

LOCATION

APT COUNSELING SERVICES LLC

1501 13th STREET STE R

COLUMBUS, GA 31901

6 Clock Hours

FRIDAY, SEPTEMBER 23, 2022

9:00am-4:00pm



Participants completing this program will be able to:

1. Diagnose depression in adults and children
2. Interpret DSM 5 for accurate diagnosing
3. Analyze the difference in symptoms among adults and children
4. Implement Positive Psychology as an intervention.
5. Implement Cognitive Behavioral Therapy as an intervention.
6. Develop a comprehensive treatment plan for treating depression in adults and children.
7. Explore the role of cultural competence in diagnosing depression.

Terms

Depression is a mood disorder that causes a persistent feeling of sadness and loss of interest.

mood disorder mood is distorted or inconsistent with your circumstances and interferes with your ability to function.

Provider is a term used for health professionals who provide health care services.

Symptom Management means to prevent or treat as early as possible the symptoms of a disease, side effects caused by treatment of a disease, and psychological illness.

Psychological evaluation is an assessment of a person's behavior, personality, emotional functioning, and cognitive functioning.

Cultural humility involves an awareness of one's limitations to understanding a client's cultural background and experience.

culturally competent counseling is to examine the nature of the helping relationship when there are significant cultural difference

Therapies treatment intended to relieve or heal a disorder.

Psychotherapy the treatment of mental disorders.

Psychoeducation combines the elements of cognitive-behavior therapy, group therapy, and education. The basic aim is to provide the patient and families knowledge about various facets of the illness and its treatment so that they can work together with mental health professionals for a better overall outcome.

Counseling interventions services specifically implemented in the context of a professional counseling relationship. Counseling interventions include, but are not limited to, developmental, preventive, facilitative and crisis intervention.

Grounding Techniques a distraction technique that supports present-moment thinking. Simply focus on five things you see, four things you feel, three things you hear, two things you smell, and one thing you can taste.

DSM 5 the Diagnostic and Statistical Manual of Mental Disorders.

Positive psychology is the scientific study of what makes life most worth living, focusing on both individual and societal well-being. It studies "positive subjective experience, positive individual traits, and positive institutions...it aims to improve quality of life."

Cognitive behavioral therapy (CBT) is a common type of talk therapy (psychotherapy). CBT helps you become aware of inaccurate or negative thinking so you can view challenging situations more clearly and respond to them in a more effective way.

Play Therapy a form of counselling or psychotherapy in which play is used as a means of helping children express or communicate their feelings.

Antidepressants are prescription medicines to treat depression. Depression is more than feeling a little sad or "blue" for a few days.

Treatment plan refers to a written document that outlines the proposed goals, plan, and methods of therapy.

APT Counseling Services, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6978 Programs that do not qualify for NBCC credit are clearly identified. APT Counseling Services, LLC is solely responsible for all aspects of the program. Program provides 6 clock hours and counts as core hours for LPCs, LAPCs, NCCs, CCMHCs, and related hours for MFTs and SWKs.

Seminar Schedule

9:00- Program Begins
Lunch Break 30 minutes
4:00- Program Ends

If you need **ADA accommodations**, or to submit a formal grievance contact Dr. Pass-Turner at (706)-366-0960.

There is a **\$25.00 administration fee** for cancellations.

Certificates and confirmations: Certificates of completion are provided at the time of adjournment. Full attendance and submission of evaluation form is required to receive certificates.

No partial credit given. Confirmation notices are emailed or mailed.

Transfers: Participants can attend another date if space is available.

